

# Tower Hamlets Early Dection Service (THEDS)

## Contact Details

### Provider

Tower Hamlets Early Detection Service (THEDS)

### Telephone No

020 3487 1320

### Email Address

elft.theearlydetection@nhs.net

## Suitable for ages

### Age of Users

From 16 To 25

## Address Details

### Street Number

51 Three Colts Lane

### Postcode

E2 6BF

## Description

### Service Description

If you feel it is a mental health or physical emergency please attend your local Accident and Emergency (A&E) Department at the Royal London hospital, or dial 999 to call an Ambulance or the Police.

## Additional Information

### Additional Information

If you are worried about your mental health please see your GP at your local surgery, or contact THEDS to discuss if we can offer you an appointment.

There is a lot of unfair stigma associated with mental health difficulties which can often discourage people from seeking help, we would encourage people to contact us or their GP as difficulties can worsen if they are not addressed.

## Costs

### Cost per Session

£0.00

### Cost per Hour

£0.00

### Cost per Day

£0.00

### Over 2's Cost per Week

£0.00

### Under 2's Cost per Week

£0.00

## Further Information

### Provider Type

Health Services |

### Delivery Channels

Office /  
Premises |

### How to Contact

Telephone |

## Details last updated

### Last Updated

15 January 2021