

# The Maryam Counselling Service

## Description

### Service Description

The Maryam Centre Counselling Service is delivered by three qualified counsellors. It offers confidential space for women to express thoughts and feelings. Women use this service to talk about a whole range of issues, including emotional issues such as depression and anxiety, and relationship issues such as bereavement, separation and abuse. This service allows women to come to terms with and resolve some issues, and move forward with their lives.

Our counsellors provide referrals and see clients on an appointment basis; there is usually a waiting list for this popular service. Contact our front desk on the second floor of the Maryam Centre, by visiting or phoning during opening hours (Mon-Fri, 10am-5pm):

---

## Suitable for ages

### Age of Users

All Ages

## Costs

### Cost

Free

## Questions & Answers

### Registered For 2 Year Old Grant

No

## Further Information

### Provider Type

Advice, Information and Support Services

### Referral Criteria

None (Self-referral) |

---

### Provider

**Advice, Information and Support Services**

East London Mosque

## Contact Details

### Telephone No

020 7650 3022

### Website

<https://www.eastlondonmosque.org.uk/maryam-womens-services>

### Email Address

[info@eastlondonmosque.org.uk](mailto:info@eastlondonmosque.org.uk)

---

## Address Details

### Street Number

East London Mosque

### Street

82 Whitechapel Road

### Town

London

### Postcode

E1 1JQ

## Opening Times

**Monday** from 10:00 to 17:00

**Tuesday** from 10:00 to 17:00

**Wednesday** from 10:00 to 17:00

**Thursday** from 10:00 to 17:00

**Friday** from 10:00 to 17:00

Visit service website

## Similar Organisations

Way To Work

London East Academy

Family Lives

The Children's Society: The Stride Project

Women's Health & Family Services