

Mind In Tower Hamlets And Newham

Description

Service Description

Services Provided:

- Advocacy
- Benefit Advice
- Counselling
- Advise Drop In Sessions
- Welfare Rights
- Employment support
- Navigation service
- Peer Support and training
- Housing advice/support

Suitable for ages

Age of Users

From **18 years**

Costs

Cost

Free

Questions & Answers

Has A Service Description? Yes

Registered For 2 Year Old Grant

No

Further Information

Provider Type

Advice, Information and Support Services

Delivery Channels

In Person |

Referral Criteria

None (Self-referral) |

Provider

Advice, Information and Support Services

Mind In Tower Hamlets And Newham

Contact Details

Telephone No

020 7510 1081

Website

<http://www.mithn.org.uk>

Email Address

info@mithn.org.uk

Address Details

Street Number

13 Whitethorn Street

Town

London

Postcode

E3 4DA

Opening Times

Monday	from 10:00	to 17:00
Tuesday	from 10:00	to 17:00
Wednesday	from 10:00	to 17:00
Thursday	from 10:00	to 17:00
Friday	from 10:00	to 17:00

Visit service website

Similar Organisations

Tower Hamlets Law Centre

Health Visiting Service In Tower Hamlets

Breastfeeding Support In Tower Hamlets

East London Community Eating Disorders Service For Children And Young People

Volunteer Centre Tower Hamlets