

Family Nurse Partnership Service

Description

Service Description

The Family Nurse Partnership (FNP) is a voluntary home visiting programme for first time young mums, aged 19 years or under. A specially trained family nurse visits the young mum regularly, from the early stages of pregnancy until their child is two.

The FNP programme aims to enable young mums to:

- Have a healthy pregnancy
- Improve their child’s health and development
- Plan their own futures and achieve their aspirations

Our vision, our mission:

Our vision is that every baby, child and young parent can thrive, fulfil their aspirations and contribute to society. We work in partnership with others to improve the health, social and economic wellbeing of babies, mothers and fathers to achieve long lasting change.

To do this we:

- Learn from evidence, experience and experts to lead the development and implementation of FNP in England
- Strive for increased impact and improved cost effectiveness
- Collaborate with others to improve a range of services for vulnerable young families

Additional Information

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How does FNP works:

By using a psycho-educational approach and a focus on positive behaviour change, FNP provides on-going, intensive support to young, first-time mothers and their babies as well as fathers and other family members if mothers would like them to take part. Structured home visits are delivered by highly trained nurses that start in early pregnancy, continuing until the child’s second birthday.

The FNP is a preventive programme and has the potential to transform the life chances of the most disadvantaged children and families in our society, helping to improve social mobility and break the cycle of intergenerational disadvantage. Health in pregnancy, and the quality of the caregiving babies receive during the first years of life, can have a long lasting impact on a child’s future health, happiness, relationships and achievement of their aspirations.

Family Nurses use programme materials and methods to enable young parents to achieve three main aims:

- To improve their pregnancy outcomes so that their baby has the best start in life
- To improve their child’s health and development by developing their

Suitable for ages

Age of Users

From **0 years** to **21 years**

Costs

Cost

Free

development by developing their parenting knowledge and skills

- To improve parents' economic self-sufficiency, by helping them to achieve their aspirations (such as employment or returning to education)

In achieving these, family nurses work with young parents to enable them to:

- Build positive relationships with their baby and understand their baby's needs
- Make positive lifestyle choices that will give their child the best possible start in life
- Build their self-efficacy (belief and ability to plan and achieve their goals)
- Build positive relationships with others, modelled by building a positive relationship with the family nurse

The FNP programme is underpinned by a robust evidence base. This demonstrates that if delivered well, it has the potential to change the life chances of some of the most vulnerable parents and babies, with long-term positive impacts on health, social and educational outcomes.

What does FNP achieve:

FNP helps young pregnant mothers, their partners and their children transform their lives. Simply put, it does this by working intensively with these individuals and seeking to break cycles of disadvantage, raise aspirations and reduce inequality.

Family nurses work with young mothers and fathers to enable them to:

- Build positive relationships with their baby and understand their baby's needs
- Make the lifestyle choices that will give their child the best possible start in life
- Build their self-efficacy (belief and ability to plan and achieve their goals)
- Build positive relationships with others, modelled by building a positive relationship with the family nurse

Questions & Answers

Are The Premises Accessible For Wheelchair Users?	Yes
Do You Have Child Protection Policies And Procedures	Yes
Do You Offer Specific Support For Children With Additional Needs?	Yes
Has A Service Description?	Yes
Registered For 2 Year Old Grant	No

Further Information

Provider Type	Delivery Channels	Referral Criteria
Health Services	E-Mail In Person Telephone	None (Self-referral)

Provider

Health Services

Family Nurse Partnership Service

Contact Details

Telephone No
020 8223 8601
Email Address
brenda.coughlan@nhs.net

Address Details

Street Number
Mile End Hospital
Street
275 Bancroft Road
Town
London
Postcode
E1 4DG

Opening Times

Monday	from	to
	09:00	17:00
Tuesday	from	to
	09:00	17:00
Wednesday	from	to
	09:00	17:00
Thursday	from	to
	09:00	17:30
Friday	from	to
	09:00	17:00

Similar Organisations

Tower Hamlets Family Support Service
Community Children's Nursing Team (CCNT)
Women's Health & Family Services
Tower Hamlets Camhs East
Tower Hamlets Camhs