

Ability Cycling Clubs

Details

Description

We run these sessions every Wednesday from 9:30am until 1:30pm and on alternating Saturdays from 10am until 12pm, and we meet at the Lock House Gate entrance to the park just off Parnell Road, E3 2JU.

The sessions are drop-in so attendees are welcome to simply turn up to a session whilst it is running to take part. We will digitally register participants on a tablet upon arrival, after which they are able to use any available and appropriate cycle. Instructors and other staff members are present at the sessions to offer support and advice. In addition, if a group of 6 people or more would like to attend they have the option of booking a slot in advance.

Date

14 April 2021

Start Time

09:30

End Time

13:30

Costs

Costs

Free

Event Repeats

Repeats

There are currently no upcoming scheduled repeats

Venue Information

Address 1

Victoria Park
