

# Online Chair Based Pilates Class

## Details

### Description

Workout from the privacy of your home and open to all abilities.

### Date

29 March 2021

### Start Time

11:00

### End Time

11:50

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## Costs

### Costs

Free

## Event Repeats

### Repeats

There are currently no upcoming scheduled repeats

## Venue Information

### Address 1

Online - Zoom

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