

# Wellness Wednesday

## Details

### Description

The Spotlight team is on hand to help keep you happy, healthy, and hopeful in 2021!

Join Wellness Wednesday for games, tips, tricks, and supportive conversations with your favourite team members that'll help keep your wellness on track.

### Date

24 February 2021

### Start Time

17:00

### End Time

18:00

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## Costs

### Costs

Free  
Ages - 11-19 years old

## Event Repeats

### Repeats

There are currently no upcoming  
scheduled repeats

## Venue Information

### Address 1

Online - Zoom

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