

# Health and Wellbeing - Disability Sports Coach

## Details

### Description

Dance the morning away and join us virtually with Disability Sports Coach for an amazing health and wellbeing class for blind and visually impaired young people.

Bring your dancing shoes, learn new skills and moves to keep you active this February half term. Family members are encouraged to join in as we keep our bodies moving!

### Date

20 February 2021

### Start Time

11:00

### End Time

12:00

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## Event Repeats

### Repeats

There are currently no upcoming scheduled repeats

## Venue Information

### Address 1

Online

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