

Clear your mind whilst on lockdown

Details

Description

Sessions discussing therapeutic writing and it's benefits. Please join in and receive a FREE copy of the book. All sessions will be hosted on zoom. Please contact Fulbahar Begum to register your interest. Please text 07415748947 or email fully2k2@yahoo.co.uk with your Name, Address & Email.

Date

17 March 2021

Start Time

14:00

End Time

15:00

Costs

Costs

Free

Venue Information

Address 1

Online - Zoom
