

COVID 19 - Due to the current requirements for social isolation events have been cancelled or postponed. Where organisations have introduced an alternative, virtual meetings details will be added to the events calendar with joining instructions or contact information.

## Thai Boxing Adult Training

04  
Feb

Starts: 7.00 Ends: 8.30  
Online - Zoom. [View map](#)

Taking those first steps to better Fitness & Well-being can be quite unnerving & intimidating, That is why we are devoted to working together as a team using the Art of Muay Thai to build better Fitness & Well-being, working together to bringing the best out in everyone with Understanding Respect, Humility, Discipline & Focus.

### Venue Information

#### Address 1

Online - Zoom

### Costs

#### Costs

£5 per session

### Event Repeats

#### Repeats

There are currently no upcoming scheduled repeats

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