

# Healthy Families

## Details

### Description

Is your family snacking too much or finding it difficult to be active? In this workshop, you'll have the chance to share your concerns, pick up some ideas for quick, easy meals and discover ways to get the family more active!

To book a place contact the Parental Engagement Team

### Date

10 March 2021

### Start Time

10:00

### End Time

11:00

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## Costs

### Costs

Free