

COVID 19 - Due to the current requirements for social isolation events have been cancelled or postponed. Where organisations have introduced an alternative, virtual meetings details will be added to the events calendar with joining instructions or contact information.

Family Stretch

15
Jan

Starts: 1.00 Ends: 1.30
Online . [View map](#)

Range of stretching and strengthening exercises for all the family

Venue Information

Address 1

Online

Costs

Costs

Free

Event Repeats

Repeats

This occurs Weekly on Fridays.

The next 8 upcoming scheduled dates are:

- Fri 5 March
 - Fri 12 March
 - Fri 19 March
 - Fri 26 March
 - Fri 2 April
 - Fri 9 April
 - Fri 16 April
 - Fri 23 April
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