

# Aerobics for Women and Children

## Details

### Description

General aerobics exercises suitable to all abilities and skill level. Age - All age adults and children 5 years +

### Date

18 January 2021

### Start Time

17:00

### End Time

18:00

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## Costs

### Costs

Free

## Event Repeats

### Repeats

There are currently no upcoming scheduled repeats

## Venue Information

### Address 1

Online - Zoom

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