

# Football Sessions - Wednesday

## Details

### Description

We provide young people with regular weekly football sessions with Youth Mentoring and Education sessions. The football sessions allow participants to form friendships whilst having regular exercise teaching them valuable skills such as discipline, focus and drive to succeed whilst also building trust in the project leaders. The mentoring and education sessions provide the platform for learning together in a safe and relaxed environment ensuring regular physical activity goes hand in hand with the development of life skills and social values to produce well rounded individuals more likely to achieve in life.

### Date

06 January 2021

### Start Time

16:00

### End Time

18:00

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## Costs

### Costs

Annual cost - £50  
Under 18s

## Event Repeats

### Repeats

There are currently no upcoming scheduled repeats

## Venue Information

### Address 1

Mile End leisure Centre

### Address 2

190 Burdett Rd

### Town

Mile End, London

### Postcode

E3 4HL

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