

# Advanced Boxing

## Details

### Description

Up your game and improve your boxing skills in this advanced session. Develop your footwork, punches and general technique to improve your fitness and get your ready for bouts.

These advanced sessions are invite only. If you want to join these sessions come down to the open sessions on Tuesday and Wednesday where you'll learn the skills you'll need to progress in the sport.

### Date

13 January 2022

### Start Time

17:00

### End Time

20:00

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## Costs

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Free  
Ages: 11-19 years old

## Event Repeats

### Repeats

There are currently no upcoming scheduled repeats

## Venue Information

### Address 1

Langdon Park

### Address 2

30 Hay Currie Street

### Town

London

### Postcode

E14 6GN

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