

# Woman's Trust

## Description

### Service Description

Woman's Trust is a charity that provides counselling to women affected by Domestic Violence.

## Additional Information

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Woman's Trust is a support and mental health service for women affected by domestic violence.

The consequences of domestic violence are many; they include depression, low self-esteem and a sense of powerlessness. We are here to listen, help and support you.

We can provide you with one-to-one counselling, support groups and workshops to help you start to rebuild your confidence in a safe, confidential and non-judgemental environment.

Our counsellors – all women – are professionally trained in giving women the specialist support you need to cope if you are feeling depressed, bad about yourself, confused and unsure about how to deal with the things happening in your life.

Woman's Trust counselling gives you the time and space to talk, in confidence, about how you're feeling with another woman who knows about the impact of domestic violence.

## Suitable for ages

### Age of Users

From **16 years** to **25 years**

## Costs

### Cost

Free

## Questions & Answers

**Do You Have Child Protection Policies And Procedures** Yes

**Has A Service Description?** Yes

**Registered For 2 Year Old Grant** No

## Further Information

### Provider Type

Advice, Information and Support Services

### Delivery Channels

In Person | Telephone |

### Eligibility Criteria

Tier 2: Targeted |

### Available Facilities

Information Desk |

### Referral Criteria

By Appointment Only |  
None (Self-referral) |

## Provider

**Advice, Information and Support Services**

Woman's Trust

## Contact Details

**Telephone No**

020 7034 0303/0304

**Website**

<http://womanstrust.org.uk/>

**Email Address**

Maya.g@womanstrust.org.uk

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## Address Details

**Street Number**

The London Lighthouse

**Street**

111 Lancaster Road

**Town**

London

**Postcode**

W11 1QT

## Opening Times

<b>Monday</b>	from	to
	09:30	17:00
<b>Tuesday</b>	from	to
	09:30	17:00
<b>Wednesday</b>	from	to
	09:30	17:00
<b>Thursday</b>	from	to
	09:30	17:00
<b>Friday</b>	from	to
	09:30	17:00

Visit service website

## Similar Organisations

Solace Women's Aid

Violence Against Women & Girls (VAWG) Team

Maa Shanti

Galop

Victim Support