

Free Hands On Cooking Classes

Details

Description

Over Four Weeks, Bags of Taste will have you cooking great tasting simple recipes, all at less than £1 per head. Sessions are friendly and fun, filled with people who want to learn new recipes and ways to save on their food shop. Whether you are vegetarian, vegan or eat halal, we will have something fantastic for you.

What is involved?

- 1) Four FREE weekly lessons, Wednesday 11-1:30
 - 2) We demonstrate two recipes for you - then you have a go
 - 3) Sit down to enjoy the meals with your classmates
 - 4) An opportunity to purchase to practice at home for only £3 - that's enough for 4 meals
- Tips and tricks for avoiding waste and storing food

Date

07 August 2019

Start Time

11:00

End Time

13:30

Costs

Costs

Free

Event Repeats

Repeats

There are currently no upcoming scheduled repeats

Venue Information

Address 1

The Zacchaeus Project, Walter Newby Centre

Address 2

Bethnal Green Methodist Church, Approach Road

Town

London

Postcode

E2 9JP
