# Improve you Mental Health and Wellbeing

# **Details**

## Description

Tower Hamlets Inter Faith Forum is holding an event to highlight the services that Tower Hamlets offers for better Mental Health and Wellbeing. These services range from faith groups, voluntary groups and statutory services. If you want some information about services that are available why not come along.

### Date

13 June 2019

## Start Time

16:00

# End Time

18:00

## Costs

Costs

Free

# **Venue Information**

## Address 1

St johns Church

### Address 2

200 Cambridge Heath Road

Town

London

### Postcode

E2 9PA